Disposal of Home Pharmaceuticals

**Step 1.** Remove the medications from the pill bottle and put them in a container with a lid or into a sealable bag. Try not to handle the medications. If the medication is solid, crush it or add water to dissolve it.

**Step 2.** Mix in something to make medications undesirable (used kitty litter, coffee grounds) to pets and children. As an added safety precaution, place the bag in another sealable container.

**Step 3.** Throw in trash

**Step 4.** Remove or cover identifying info on pill bottle before discarding.

**Remember!** Please do not dispose of medications in the sink or toilet!

THANK YOU for helping to keep Virginia waters clean!

http://www.deq.virginia.gov/Programs/Water/PermittingCompliance/PollutionDischargeElimination/Microconstituents.aspx