



Disposal of Home Pharmaceuticals

Step 1. Remove the medications from the pill bottle and put them in a container with a lid or into a sealable bag. Try not to handle the medications. If the medication is solid, crush it or add water to dissolve it.



OR



Step 2. Mix in something to make medications undesirable (used kitty litter, coffee grounds) to pets and children.



As an added safety precaution, place the bag in another sealable container.



Step 3.
Throw in trash



Step 4. Remove or cover identifying info on pill bottle before discarding.



Remember!
Please do not dispose of medications in the sink or toilet!



THANK YOU for helping to keep Virginia waters clean!