



Virginia Green Lodging



Sleep Inn & Suites

Dublin, Virginia

"Welcome to our Three Diamond rated AAA property in the area Sleep Inn & Suites! Enjoy FREE deluxe continental breakfast a work-out in our exercise room or a dip in our indoor heated pool and hot-tub. All of our 67 rooms feature FREE hardwired high speed internet access in-room, Fridge and Microwave, Coffee Maker, Hair Dryer and Iron. In addition our suites also have a sitting area with sofa bed. Some suites have an in-room hot-tub!"



"Our hotel provides the latest in green hotel services while limiting our impact on the environment."

GREEN ACTIVITIES

Optional Linen Service. Virginia Green Lodging facilities must have some sort of system in place that allows guests to not have their sheets and towels changed every day. This facility pledges that they:

- Have signage in each guest room explaining the linen reuse procedures
- Change linens only upon request
- Train house cleaners on process for optional linen service
- Minimize use of bleach and chlorinated chemicals

Recycling and Waste Reduction. Virginia Green Lodging facilities must recycle and are highly encouraged to maintain a comprehensive recycling program. This facility pledges that they:

- Provide the opportunity for guests to recycle: newspaper, office paper
- Have recycling bins located: in lobby
- Also recycle office paper

Guest rooms

- Instruct housekeeping to save and reuse unopened items

Restrooms

- Use bulk soap dispensers in public restrooms

Office

- Reuse scrap paper for notes
- Use refillable pens and toner cartridges
- Purchase recycled paper with a high-percentage recycled content

Building and grounds

- Perform preventative maintenance on all appliances, HVAC systems, plumbing, and vehicles

- Minimize use of pesticides and herbicides in landscaping



Water Conservation. The facility must have a plan for conserving water that should consider plumbing modifications and landscaping. This facility pledges that they:

Activities indoors

- Perform preventative maintenance to stop drips and leaks
- Have installed:
 - Low flow faucets and showerheads (use less than 2.5 gallons per minute)
 - Low flow toilets (use 1.6 gallons per flush or less)

Activities outdoors

- Have an effective landscape management plan which minimizes lawn areas



Energy Conservation. The facility must have a plan in place that encourages replacement of lighting and equipment to energy-efficient alternatives. This facility pledges that they:

- Track overall energy bills

Heating and cooling

- Have individual thermostats for each room/area
- Regularly perform preventative maintenance on HVAC system
- Keep office doors and windows closed in HVAC system is on



Lighting

- Have adopted a policy/practice to turn off lights in unoccupied rooms
- Have installed compact fluorescent light bulbs in all rooms and in canned lighting

Appliances and electronic devices

- Have adopted a policy / practice to turn off fans, computers, monitors and other device in unoccupied rooms an the end of the workday or when otherwise not being used

For more information on Sleep Inn and Suites, see www.choicehotels.com/hotel/va350 or contact Faraz Daruwala at sleepinndublin@yahoo.com or 540-674-4099.

Virginia Green is the Commonwealth of Virginia's campaign to promote environmentally-friendly practices in all aspects of Virginia's tourism industry. *Virginia Green* is supported through a partnership between the Virginia Department of Environmental Quality, the Virginia Hospitality & Travel Association, and the Virginia Tourism Corporation. The program has established "core activities" specific to each sector of tourism; these practices are the minimum requirements for participation in the program, but encourages participants to reduce their environmental impacts in all aspects of their operations.

For more information on **Virginia Green** program, see www.deq.virginia.gov/p2/virginiagreen or www.virginiagreentravel.org.

