



Virginia Green Lodging Profile:



Courtyard by Marriott Downtown Norfolk Norfolk, Virginia



Virginia Green is the Commonwealth of Virginia’s campaign to promote environmentally-friendly practices in all aspects of Virginia’s tourism industry. Virginia Green has established “core activities” specific to each sector of tourism, and these practices are considered the required minimum for participation in the program. However, Virginia Green encourages its participants to reduce their environmental impacts in all aspects of their operations; and this profile provides a full list of all their “green” activities. These are the activities that guests / customers can expect to find when they visit this facility.

Courtyard Marriott

“Located in Norfolk’s bustling downtown, the Courtyard by Marriott Norfolk Downtown offers ideal accommodations for business or leisure. Our spacious rooms feature many amenities including free high-speed Internet, oversized work areas and luxurious bedding. Enjoy the lobby bar, 24-hour food market, fitness center and free wireless Internet in our cozy lobby. Start your morning with a healthy breakfast at the Courtyard Café, and unwind in our indoor heated pool or whirlpool after meetings or sightseeing. Our downtown Norfolk hotel has 2 event rooms perfect for conferences, reunions or weddings. From our hotel in Norfolk, walk to MacArthur Center Mall and Granby Street, known for its eclectic shopping, restaurants and entertainment. We’re close to museums, The Norva, Half Moone Cruise Terminal, Harbor Park, Chrysler Hall, Harrison Opera House, universities and the Virginia Beach oceanfront. We’ll go out of our way to make you feel at home.”

Green Statement: “Going green is one small step to helping our planet for generations to come. It’s the right thing to do!”

CORE ACTIVITIES for Lodging

“☑” This symbol indicates a required activity for Virginia Green Lodging facilities. Participants self-certify that these activities are in place and they provide additional specifics on other activities. Visitors to **Courtyard Marriott** can expect the following practices:

Optional Linen Service. Virginia Green Lodging facilities must have some sort of system in place that allows guests to not have their sheets and towels changed every day. This facility pledges that they:

- Change linens only upon request
- Train house cleaners on process for optional linen service
- Purchase water and energy efficient washers and dryers
- Minimize use of bleach and chlorinated chemicals

Recycling and Waste Reduction. Virginia Green Lodging facilities must recycle and are highly encouraged to maintain a comprehensive recycling program. This facility pledges that they:

- Recycle: plastic, office paper, toner cartridges, newspaper, fluorescent lamps, electronic equipment
- Clearly marked recycling area in Valet booth for newspapers
- Instruct housekeeping to save and reuse unopened items
- Recycle fryer grease and/or filter grease prior to recycling

- Have an effective food inventory control to minimize waste
- Use reusable dishware and glassware, and minimize use of disposables
- Use water pitches and filtered water to minimize the use of single-use bottles
- Use bulk soap dispensers in public restrooms
- Use a last-in/first-out inventory and labeling system
- Make 2-sided copies/ printed materials
- Use electronic correspondence and forms
- Purchase durable equipment and furniture
- Properly recycle/dispose of thinners and solvents
- Perform preventative maintenance on all appliances, HVAC systems, plumbing, and vehicles
- Minimize the use of pesticides and herbicides

Water Conservation. The facility must have a plan for conserving water that should consider plumbing modifications and landscaping. This facility pledges that they:

- Track overall water usage and wastewater
- Perform preventative maintenance to stop drips and leaks
- Use water-flow metering to discover leaks and areas of high use
- Have:
 - low flow restrictors on faucets and showerheads
 - automatic faucets or toilets in public restrooms
- Discourage water-based cleanup (sweeping first) and use microfiber technology mops
- Have an effective landscape management plan which utilize drought tolerant species, and minimizes lawn areas

Energy Conservation. The facility must have a plan in place that encourages replacement of lighting and equipment to energy-efficient alternatives. This facility pledges that they:

- Track overall energy bills
- Use:
 - compact fluorescent light bulbs in all rooms and in canned lighting
 - LED Exit Signs
 - high efficiency fluorescent ballasts and lamps (T5s and T8s)
- Perform preventative maintenance on HVAC system
- Have individual thermostats for each room/area
- Use natural lighting
- Use occupancy sensors to turn on/off lights
- Have thermal-rated windows and insulation

Green Events Package. The facility must offer a “green” or “environmentally-friendly” package for conferences, meetings and other events. Even if the facility only offers occasional, small events, at least recycling will be provided. This facility pledges that they:

- Promote the availability of “green meetings/conferences” in marketing packages
- Work with meeting planners to reduce waste and provide recycling for events as requested

For more information on **Courtyard by Marriot Downtown Norfolk**, see www.marriott.com/orfdt or contact **Sandie Fishbein** at sfishbein@ltdmanagement.com or 757-963-6000.

For more information on **Virginia Green Lodging** program, see www.deq.virginia.gov/p2/lodging or go to www.virginiagreentravel.org.



Virginia Green Lodging program is a supporting partner of **Virginia Green**, the Commonwealth’s campaign to encourage environmentally-friendly practices in all aspects of Virginia’s tourism industry. **Virginia Green** is supported through a

partnership between the Virginia Department of Environmental Quality, the Virginia Hospitality & Travel Association, and the Virginia Tourism Corporation.

