
The Spinning Wheel Bed and Breakfast



Onancock, Virginia

Virginia Green Lodging is the Virginia Department of Environmental Quality's (DEQ) initiative to promote pollution prevention (P2) practices in the tourism and hospitality industry. **Green Lodging** encourages hotels, resorts, and other hospitality operations to be aware of their impact on the environment and to take steps to reduce these impacts. **Green Lodging** is a non-regulatory program, and participation is completely voluntary and free of charge.

The Spinning Wheel

The 1890's Spinning Wheel Bed and Breakfast is located on the Delmarva Peninsula in Onancock, Virginia. The Spinning Wheel offers five rooms and is open year round. They welcome business meetings, conferences, weddings and family reunions. The Spinning Wheel is committed to environmental excellence and works to minimize environmental impacts whenever possible.



Green Lodging Activities. When visiting The Spinning Wheel, you can expect the following practices:

CORE ACTIVITIES for Green Lodging

- Optional Linen Service.** Sheets and towels are not automatically changed every day during your stay.
 - Use non-phosphate, non-toxic, biodegradable laundry detergents
- Recycling and Waste Reduction.** Green Lodging Facilities must provide recycling. Recycling should be highly visible and made available to guests with clear signage. A general commitment to reducing total amount of waste should be made.
 - Recycle: Glass, Aluminum Cans, Plastic, Office Paper, Toner Cartridges, Newspaper, Cardboard, Packing Supplies, Fluorescent Lamps, Batteries
 - Fill reusable shampoo bottles and bulk soap dispensers
 - Instruct housekeeping to save and reuse unopened items
 - Eliminate use of Styrofoam
 - Use dishware and glassware to minimize use of disposables
 - Use non-bleached napkins and coffee filters
 - Provide condiments, cream and sugar in bulk
 - Implement effective food inventory system to minimize waste
 - Purchase locally grown produce and other foods
 - Use electronic correspondence and forms
 - Purchase durable equipment and furniture
 - Use reused building materials or those from sustainable sources
 - Use latex paint and recycle/dispose of thinners and solvents properly
 - Preventative maintenance on all appliances, HVAC systems, plumbing, and vehicles
- Water Conservation.** The facility must have a plan for conserving water that should consider plumbing modifications and landscaping.
 - Preventative maintenance of drips and leaks
 - High efficiency dishwashers
 - Use dry clean up methods over water-based methods
 - Low restrictors on faucets and showerheads

Energy Conservation. The facility must have a plan in place that encourages replacement of lighting and equipment to energy-efficient alternatives.

- Tracking overall energy bills and set a numeric goal to reduce
- Use high efficiency compact fluorescent light bulbs in rooms and spotlights
- Use ceiling fans and individual thermostats in each room
- Use directional lighting in parking lots and walkways

Green Events Package. The facility must offer a “green” or “environmentally-friendly” package for conferences, meetings and other events. Even if the facility only offers occasional, small events, at least recycling will be provided.

For more information on **The Spinning Wheel Bed and Breakfast**, see

<http://1890spinningwheel.com>

or contact Thomas Nolan at stay@1890spinningwheel.com .

For more information on **Virginia Green Lodging** program, see

www.deq.virginia.gov/p2/lodging.



Virginia Green Lodging program is a supporting partner of **Virginia Green**, the Commonwealth’s campaign to encourage environmentally-friendly practices in all aspects of Virginia’s tourism industry. Virginia Green is supported through a partnership between the Virginia Department of Environmental Quality, the Virginia Hospitality & Travel Association, and the Virginia Tourism Corporation.

