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# Smithfield Farm Bed and Breakfast

## Berryville, Virginia

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**Virginia Green Lodging** is the Virginia Department of Environmental Quality's (DEQ) initiative to promote pollution prevention (P2) practices in the tourism and hospitality industry. **Green Lodging** encourages hotels, resorts, and other hospitality operations to be aware of their impact on the environment and to take steps to reduce these impacts. **Green Lodging** is a non-regulatory program, and participation is completely voluntary and free of charge.

### Smithfield Farm Bed and Breakfast

Smithfield Farm is a Winchester Bed and Breakfast at the foothills of the Blue Ridge Mountains. The 1824 classic Federal style brick and stone main house has four guestrooms and a private cottage adjacent. The house is situated on a 350-acre all-natural, sustainable farm. The family has received guests to the farm for 8 generations to share nature's abundance and a reverence for a simpler time and way of life.



**Green Lodging Activities.** When visiting Smithfield Farm Bed and Breakfast, you can expect the following practices:

### CORE ACTIVITIES for Green Lodging

- Optional Linen Service.** Sheets and towels are not automatically changed every day during your stay.
  - Train house cleaners on process of optional linen service
  - Use non-phosphate, non-toxic, and biodegradable laundry detergents
  - Minimize the use of bleach and chlorinated chemicals
  - Use linen service providers that employ "wet" versus "dry" cleaning
- Recycling and Waste Reduction.** Green Lodging Facilities must provide recycling. Recycling should be highly visible and made available to guests with clear signage. A general commitment to reducing total amount of waste should be made.
  - Recycle: Glass, Aluminum Cans, Steel Cans, Grease, Plastic, Office Paper, Toner Cartridges, Newspaper, Cardboard, Fluorescent Lamps, and Electronics Equipment
  - Compost garden and meal wastes
  - Instruct housekeeping to save and reuse unopened items
  - Eliminate use of Styrofoam
  - Use dishware and glassware to minimize use of disposables
  - Use non-bleached napkins and coffee filters
  - Provide condiments, cream and sugar in bulk
  - Use a water cooler to minimize single use bottles
  - Donate excess food from events
  - Implement effective food inventory system to minimize waste
  - Purchase locally grown, organic and sustainable-grown produce and other foods such as eggs, bacon and sausage
  - Purchase from vendors and service providers with a commitment to the environment
  - Use two-sided copying and printing
  - Use electronic correspondence and forms

- Use reused building materials and those from sustainable sources, such as recycled wood
- Use latex paint
- Recycle/dispose of thinners and solvents properly
- Use preventative maintenance on all appliances, HVAC systems, plumbing, and vehicles
- No pesticides or herbicides used and use integrated pest management
- Use native plants to conserve water
- Promote habitat preservation and are on the Virginia Birding and Wildlife Trail

**Water Conservation.** The facility must have a plan for conserving water that should consider plumbing modifications and landscaping.

- Preventative maintenance of drips and leaks
- Use dry clean up methods over water-based methods
- Low flow toilets and restrictors on faucets and showerheads
- Effective landscape management plan
- Effective storm water management plan
- Minimization of impervious areas
- Vegetative buffers around streams and ponds

**Energy Conservation.** The facility must have a plan in place that encourages replacement of lighting and equipment to energy-efficient alternatives.

- Tracking overall energy bills and set a numeric goal to reduce
- Use high efficiency compact fluorescent light bulbs in rooms and spotlights
- Use natural lighting whenever possible
- Purchase **EnergyStar** computers and appliances
- Thermal-rated windows and insulation
- Purchase fuel-efficient vehicles, use Bio-diesel in tractors and trucks
- Turn off heat/air conditioning when no guest are scheduled

**Green Events Package.** The facility must offer a “green” or “environmentally-friendly” package for conferences, meetings and other events. Even if the facility only offers occasional, small events, at least recycling will be provided.

For more information on **Smithfield Farm Bed and Breakfast**, see <http://smithfieldfarm.com> or contact Betsy Pritchard at [info@smithfieldfarm.com](mailto:info@smithfieldfarm.com) .

For more information on **Virginia Green Lodging** program, see [www.deq.virginia.gov/p2/lodging](http://www.deq.virginia.gov/p2/lodging).



**Virginia Green Lodging** program is a supporting partner of **Virginia Green**, the Commonwealth’s campaign to encourage environmentally-friendly practices in all aspects of Virginia’s tourism industry. Virginia Green is supported through a partnership between the Virginia Department of Environmental Quality, the Virginia Hospitality & Travel Association, and the Virginia Tourism Corporation.

