



Virginia Green Hotels & Lodging Facilities



Hampton Inn Dulles/Cascades Sterling, VA



Virginia Green is the Commonwealth of Virginia's campaign to promote environmentally-friendly practices in all aspects of Virginia's tourism industry. **Virginia Green** has established "core activities" specific to each sector of tourism, and these practices are considered the required minimum for participation in the program. However, **Virginia Green** encourages its participants to reduce their environmental impacts in all aspects of their operations, and this profile provides a full list of all their "green" activities. These are the activities that guests / customers can expect to find when they visit this facility.

Hampton Inn Dulles/Cascades

Located near Dulles International Airport and close to all of Washington DC's attractions, you'll find at the Hampton Inn Cascades. Nestled in the heart of the Cascades Town Center, you'll find an abundance of restaurants, shops and entertainment opportunities just a short walk from the hotel's front door. Enjoy the deluxe hot breakfast buffet served by our friendly and professional staff. For leisure, enjoy the basketball/volleyball sport court, large indoor pool with outdoor sundeck, jacuzzi spa and the expansive exercise facility..

The B. F. Saul Company Hotel Division rolled out an initiative termed "Our Big Green". This initiative committed the hotel division to become a leader in the hospitality industry for the sustainability of our environment. We have implemented leading and innovative business practices, provide education and training, utilize eco-friendly products, enhance daily work habits and monitor compliance and success.

Virginia Green Activities

This facility pledges that they:

Offer optional linen service

- Have signage in each guest room explaining the linen reuse procedures
- Train housekeeping staff on our process for optional linen service
- Purchase water- and energy-efficient washers and dryers
- Minimize the use of bleach and chlorinated chemicals

Recycle

- Have in place clearly marked recycling bins or provide convenient drop-off locations for guests to recycle:

- Glass Bottles
- Plastic Bottles
- Aluminum cans
- Steel cans
- Newspaper
- Office paper

Other items recycled by the facility:

- Cardboard
- Fluorescent lamps

Reduce solid waste

- Track overall solid waste costs
- Instruct housekeeping staff to save and reuse unopened items
- Recycle fryer grease
- Have an effective food inventory control system to minimize waste
- Do not use any disposable containers, dishware, cutlery, or cups
- Provide condiments, cream and sugar, etc. in bulk
- Use water pitchers to minimize the use of single-use bottles
- Use bulk soap dispensers in public restrooms
- Make double-sided photocopies and avoid making extra photocopies
- Use electronic correspondence and forms when possible
- Use green cleaning products that are dispensed in bulk
- Install carpet with sustainable or recycled content and low-VOC adhesives
- Use latex, low or no-VOC paints
- Properly recycle and/or dispose of thinners and solvents
- Perform preventative maintenance on all appliances, HVAC systems, plumbing, and vehicles

Use water efficiently

- Track overall water usage and wastewater costs
- Have established a numeric goal to reduce water consumption over time
- Perform preventative maintenance to stop drips and leaks
- Have installed low flow faucets and showerheads (use less than 2.5 gallons per minute)
- Have installed low flow toilets (use 1.6 gallons per flush or less)
- Have minimized impervious areas (paving, concrete, etc.)

Conserve energy

- Track overall energy bills

- Have had an energy audit to identify efficiency opportunities within the past 12 months
- Have established a numeric goal to reduce energy usage over time
- Have individual thermostats for each room; ensure they are correctly adjusted
- Regularly perform preventative maintenance on HVAC system
- Use natural lighting (i.e., open draperies and raise shades whenever adequate light from windows is available)
- Use lighting sensors to turn on/off lights
- Have adopted a policy/practice to turn off lights in unoccupied rooms
- Have installed high efficiency fluorescent ballasts and lamps (T-5 and T-8)
- Have installed compact fluorescent light bulbs in all rooms and canned lighting
- Have installed LED Exit Signs

Offer a green events package

- Include the availability of "green meetings/conferences" in marketing packages (see the factsheet on Environmentally-Responsible Conferences & Events)



For more information on **Hampton Inn Dulles/Cascades**, see www.hamptoninndullescascades.com or contact Will Everett at william.everett@bfsaulco.com or 703-450-9595.

For more information on the Virginia Green program, see www.deq.state.va.us/Programs/PollutionPrevention/VirginiaGreen.aspx.



Virginia Green is a partnership supported by the Virginia Department of Environmental Quality, the Virginia Hospitality & Tourism Association, and the Virginia Tourism Corporation.



