



# University of Mary Washington – Stafford Campus 121 UNIVERSITY BOULEVARD Fredericksburg

"The UMW Stafford Campus is the region's premier education and training venue and has the staff, facilities, and state-of-the-art equipment to assure high levels of client satisfaction while promoting sustainability."

**Green Statement:** "Virginia Green supports UMW's commitment to sustainability beyond our traditional defining 'boundaries,' connecting to and engaging with our partners in the region, the state, and beyond. We exist as a forum where our regional partners can solve problems with us and with each other. UMW is defined by what we do. What better defining characteristic than participation in sustainability initiatives on a statewide scale. The University of Mary Washington is committed to sustainability, managing our resources to meet the social, economic, and environmental needs of the present without compromising the ability to meet the needs of future generations. Sustainability is a strong component of our efforts to ensure that our students, faculty, and staff take active responsibility for what they do, is part of our 'scholarship in action,' and supports our region and its environment."

## CORE ACTIVITIES for Green Conference Centers

**Recycling.** All conference centers must have highly-visible locations/containers that provide the opportunity for guests to recycle aluminum cans and plastic bottles. Recycling of steel cans, cardboard, office paper, and composting of waste foods are encouraged as well. This facility pledges that they:

- Provide the opportunity for guests to recycle: glass bottles, plastic bottles, aluminum cans, steel cans, newspaper, office paper
- Have recycling bins located: in lobby and throughout the UMW Stafford Campus for the collection of mixed paper, co-mingled glass, aluminum and plastic
- Also recycle office paper, toner cartridges, cardboard, fluorescent lamps, batteries, electronic equipment



**Minimization of Disposable Food Service Products.** All conference centers are required to minimize the use of disposable food service products and maximize the use of food service products that are recyclable or compostable in the food service area. When disposable food service items are used, you are encouraged to use products that are made from bio-based or renewable resources, and to provide for the collection / recycling/ composting of food service items disposed of on the premises. This facility pledges that they:

- Use disposable foodservice items that are recyclable
- Offer box lunches in paper cartons that are recycled

**Solid Waste Reduction.** All conference centers must be actively working to reduce their solid waste generation. This facility pledges that they:

- Track overall solid waste costs

*Kitchen (or meetings/events)*

- Recycle fryer grease and/or filter grease prior to recycling
- Have an effective food inventory control to minimize waste

*Dining room (or meetings/events)*

- Use water pitchers to minimize the use of single-use bottles

*Restrooms*

- Use bulk soap dispensers in public restrooms
- Purchase recycled-content paper towels and toilet paper

*Office*

- Remove facility and staff names from junk mail lists when possible
- Reuse scrap paper for notes
- Reuse or donate shipping and packing supplies (peanuts, bubble wrap, etc.)
- Purchase recycled paper with a high-percentage recycled content
- Make double-sided photocopies and avoid making extra photocopies
- Use electronic correspondence and forms when possible

*Building and grounds*

- Use green cleaning products that are dispensed in bulk
- Install carpet with sustainable or recycled content and low-VOC adhesives
- Use latex low or no-VOC paints
- Properly recycle and/or dispose of thinners and solvents (required by law)
- Perform preventative maintenance on all appliances, HVAC systems, plumbing, and vehicles
- Use integrated pest management (IPM)
- Minimize use of pesticides and herbicides in landscaping

**Water Conservation.** The facility must have a plan for conserving water that should consider plumbing modifications and landscaping. This facility pledges that they:

- Track overall water usage and wastewater
- Have established a numeric goal to reduce water consumption over time

*Activities indoors*

- Perform preventative maintenance to stop drips and leaks
- Have installed:
  - Low flow faucets and showerheads (use less than 2.5 gallons per minute)
  - Low flow toilets (use 1.6 gallons per flush or less)
  - Automatic faucets or toilets in public restrooms

*Activities outdoors*

- Have an effective landscape management plan which utilizes native species as well as metering and rain gauges
- Have an effective storm water management plan which includes rain gardens and minimization of impervious areas (paving, concrete, etc.)
- Have installed drip line irrigation
- Maintain vegetative buffers around streams and ponds
- Use a nutrient management plan that minimizes the use of fertilizers

**Energy Conservation.** The facility must have a plan in place that encourages replacement of lighting and equipment to energy-efficient alternatives. This facility pledges that they:

- Track overall energy bills
- Have established a numeric goal to reduce energy usage over time

*Heating and cooling*

- Have individual thermostats for each room/area
- Have installed ENERGY STAR-rated windows and doors
- Regularly perform preventative maintenance on HVAC system
- Have high efficiency heating & air conditioning (HVAC) systems
- Keep office doors and windows closed in HVAC system is on



*Lighting*

- Use natural lighting
- Use lighting sensors to turn on/off lights
- Use occupancy sensors to turn on/off lights
- Have adopted a policy/practice to turn off lights in unoccupied rooms
- Have installed high efficiency fluorescent ballasts and lamps (T5s and T8s)
- Have installed compact fluorescent light bulbs in all rooms and in canned lighting
- Have installed LED Exit Signs
- Have installed directional (downward-facing) lighting in parking areas and other outdoor areas
- Have adopted a policy/practice to minimize the use of lighting during night cleaning

*Appliances and electronic devices*

- Use ENERGY STAR qualified appliances (commercial kitchens, heating and cooling, consumer electronics)
- Use ENERGY STAR qualified office equipment (computers, monitors, copiers, printers, etc.)
- Have adopted a policy / practice to turn off fans, computers, monitors and other device in unoccupied rooms an the end of the workday or when otherwise not being used

*Transportation-related energy use*

- Use alternative fuel, hybrid-electric, or electric vehicles

*Source of energy*

- Purchase Green Power from utility

*Building Construction and Renovation*

- Achieved LEED certification as a Green building

**Green Events Package.** The facility must offer a "green" or "environmentally-friendly" package for conferences, meetings and other events. Even if the facility only offers occasional, small events, at least recycling will be provided. This facility pledges that they:

- Promote the availability of "green meetings/conferences" in marketing packages
- Provide collection containers for recyclables in public areas, on each floor, and in conference areas.

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For more information on University of Mary Washington – Stafford Campus, see <http://www.umw.edu/professionalregional/cpd/facilityrental> or contact Susan Lafayette at [sclarkla@umw.edu](mailto:sclarkla@umw.edu) or 540-286-8012.

**Virginia Green** is the Commonwealth of Virginia's campaign to promote environmentally-friendly practices in all aspects of Virginia's tourism industry. **Virginia Green Conference Centers** have been thoughtfully planned and designed to minimize their impacts on the environment. This conference center has met the established "core activities" for **Green Conference Centers** and has committed to communicate its activities to its guests.

For more information on **Virginia Green** program, see [www.deq.virginia.gov/p2/viriniagreen](http://www.deq.virginia.gov/p2/viriniagreen) or [www.viriniagreentravel.org](http://www.viriniagreentravel.org).



Virginia Green is supported through a partnership between the Virginia Department of Environmental Quality, the Virginia Hospitality & Travel Association, and the Virginia Tourism Corporation.

