



# Disposal of Home Pharmaceuticals

**Step 1.** Remove the medications from the pill bottle and put them in a container with a lid or into a sealable baggie. Try not to handle the medications. If the medication is solid, crush it or add water to dissolve it.



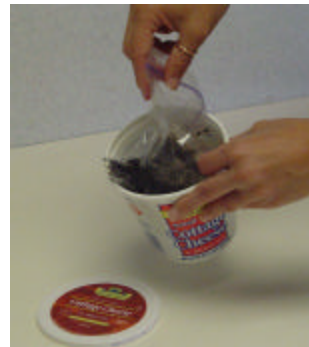
**OR**



**Step 2.** Mix in something to make medications “undesirable” (kitty litter, coffee grounds) to pets and children.



As an added safety precaution, place the baggie in another sealable container.



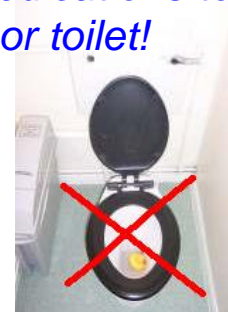
**Step 3.**  
Throw in trash



**Step 4.** Remove or cover identifying info on pill bottle before discarding.



**Remember!**  
*Please do not dispose of medications to the sink or toilet!*



**THANK YOU for helping to keep Virginia waters clean!**